Hearty nutrition for a hearty life

Maintaining high Coenzyme Q10 (CoQ10) levels is key to sustaining vibrant health because it helps to generate energy for every cell, tissue and organ in the body.

Pre-emulsified Coenzyme Q10 for improved absorption

- Coenzyme Q10 is a fat-soluble compound, it requires food intake to improve absorption.
- Pre-emulsified form of coenzyme Q10 has been found to improve absorption without the need for food intake.
- An emulsifier works to dissolve oil-based compounds in water, which improves absorption (water-soluble).
- Study shown that pre-emulsified coenzyme Q10 was found to increase absorption by 2X compared to oil suspension.⁴